

ETHNIC MINORITIES HEALTH SYMPOSIUM 2021



DEC
11



10:00-16:00

*Health Equity through upstream interventions and strategies -
Can a career path leading to the healthcare and
social care sector be a solution?*



Health In Action x CUHK Institute of Health Equity



CUHK INSTITUTE OF HEALTH EQUITY
香港中文大學健康公平研究所



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Programme Rundown



TIME	THEME OF SESSION	TOPIC	SPEAKER (*MODERATOR)
9:30-10:00	Registration and Exhibition		
10:00-10:30	Primary Healthcare in the EM Community	Keynote Speech Importance of upstream interventions in achieving health equity	Prof. Eng-kiong Yeoh
10:30-10:50		Research Sharing Chronic disease management among ethnic minority patients in Hong Kong: gaps and strategies	Dr. Chen Xiao Rui, Catherine
10:50-11:20		Keynote Speech Embracing the support from the EM community to prevent COVID-19	Dr. Sam Li Wing Sum
11:20-11:45		Panel Discussion Importance of inclusive public health for EM members	*Prof. Dorothy Chan Prof. Eng-kiong Yeoh Dr. Sam Li Wing Sum Dr. Chen Xiao Rui, Catherine Dr. Fan Ning
11:45-12:00	Break and Networking		
12:00-12:20	Career Inequity led to Health Inequity	Our model on primary healthcare: The relationship between employment and the well-being of EM individuals?	Dr. Fan Ning
12:20-12:45		Panel Discussion Where are the EM healthcare and social care workers?	*Mr. Jeffrey Andrews Ms. Laila Kainat Mr. Shoaib Hussain Ms. Maria Riaz
12:45-14:00	Lunch Break		
14:00-14:20	The solution to EM health problems: career possibilities of EM youths	Social Determinant of Health: Education, social participation and the well-being of EM individuals	Ms. Phyllis Cheung
14:20-14:40		Service Sharing Inclusion in health and social care of EM community through sports	Mr. Alvin Tsang Mr. Tauqir Ahmad
14:40-15:00		Service Sharing The role of the EM staff in drug prevention work	Mr. Keith Wong Mr. Jason Huang
15:00-15:45		Panel Discussion Nurturing EM youths as human resources but not tools	*Dr. Rizwan Ullah Mr. Corn Sim Mr. Lo Kai Chung Mr. Bosco Ng Ms. Phoebe Corrigan
15:45	End of the Day		



Prof. Eng-kiong YEOH, GBS, OBE, JP

Co-Director, *CUHK Institute of Health Equity*
Professor of Public Health
Director, *Centre for Health Systems and Policy Research,*
Jockey Club School of Public Health and Primary Care, Faculty of Medicine, CUHK

Prof. Eng-kiong Yeoh, GBS, OBE, JP

Professor Yeoh is Co-Director of the CUHK Institute of Health Equity, Professor of Public Health, Director of the Centre for Health Systems and Policy Research at the JC School of Public Health and Primary Care. His research is in health systems, services and policy with an interest in applying systems thinking in studying how the complex components of health systems interact and interrelate to improve health for the ageing population. He is evaluating the new primary care initiative – an innovative district health system in Hong Kong. He has completed a study to evaluate the impact of a government elderly healthcare voucher schemes on healthcare utilization, and a study to review, develop and pilot integrated health service models for an ageing population. He has been commissioned by the Social Welfare Department to evaluate two pilot projects on (i) Residential Care Service Voucher for the Elderly and (ii) Support for Elderly Persons Discharged from Public Hospitals after Treatment with an aim to enhance the residential care and transitional care services for the elderly. Recently he is leading a pilot project on health support for families of ethnic minority. He led 2 health policy research projects for the Our Hong Kong Foundation, namely *An Investment for the Celebration of Aging*, and *Fit for Purpose: A Health System for the 21st Century*.

Prof Yeoh is also conducting research in COVID-19: (i) studying Hong Kong's early detection, assessment and response system to COVID-19; and (ii) investigating epidemic intelligence required for a risk assessment system critical for the control of COVID-19. In addition he has published a report funded by the World Health Organization R&D Blueprint Novel Coronavirus on the key lessons for policy from a comparative study of government responses in six middle/ high income jurisdictions.

Prof Yeoh was Secretary for Health, Welfare and Food of the Government of the Hong Kong Special Administrative Region between 1999 and 2004. From 1990-1999, Prof Yeoh was head & the first Chief Executive of the Hong Kong Hospital Authority.



Dr. Sam Li Wing Sum

Senior Medical & Health Officer,
Health Promotion Branch,
Department of Health, HKSAR

Dr. Sam Li Wing Sum

Dr Sam Li is a trainee in public health medicine at the Department of Health. Having been a research intern at World Health Organization Health Systems Cluster (Geneva), as well as United Nations Relief and Works Agency for Palestine Refugees (Amman), he is interested in health system strengthening and minority health. He was also an initiator and commissioner in Lancet Youth Commission on Essential Medicines Policies, which published recommendations to make medicines available and affordable worldwide. Dr Li obtained his MBChB degree in CUHK, as well as LLM (Technology and Intellectual Property Law) in HKU.



Dr. Fan Ning

Founding Chairman, *Health In Action*

Dr. Fan Ning

Witnessing health inequity is prevalent in HK, Dr Fan decided to set up Health In Action (NGO) in 2011 to serve local working poor families, ethnic minorities and refugees who suffered the most from inequity issues. With the use of the service-research-advocacy model, he is driving for primary health care development in HK as health access is one of the key issues related to health inequity. In addition, He thinks that most of the health issues in metropolitan areas are social issues and need social solutions. Therefore through incubating and co-create mindset he advocated for transector efforts and and socio-medical integrative model (社醫共生) to to develop up different primary health care programs in community with different community entities (NGOs, social enterprises, private sectors) to tackle social determinants of health.

He is currently Research Associate of Institute of Health Equity, CUHK; Honorary Clinical Assistant Professor at both Medical School CUHK and HKU; Mentor of the Jockey Club School of Public Health and Primary Care at CUHK; Elite Mentor of MBA program at CUHK; Advisor of Public Space, City Space Architecture. He is Executive Committee Member of Sham Shui Po District Health Center.

He strongly believes that only by pushing for a social movement to build Healthy City concept in different sectors could the challenges of ageing society, urban diseases and inequity could be overcome. He is active in civil society and currently he is member of Standing Committee on Policy Research & Advocacy, Steering Committee on Social Housing Movement and Primary Health Care Working Group in HKCSS; Committee member of Community Innovative and Inclusion Fund.



Dr. Chen Xiao Rui, Catherine

Honorary Clinical Associate Professor, *Jockey Club School of Public Health and Primary Care, Faculty of Medicine, CUHK*
Consultant, *Dept. of Family Medicine (FM) and General Outpatient Clinics (GOPCs), Kowloon Center cluster, Hospital Authority*

Dr. Chen Xiao Rui, Catherine

Dr. Catherine Chen is now a Family Medicine specialist working in the Hospital Authority (HA) of Hong Kong. She obtained her Ph.D. in Medicine from the University of Hong Kong in 2002 and joined the Hong Kong College of Family Physicians (HKCFP) in 2004. She became a Fellow of HKCFP and Royal Australian College of General Practitioner in 2008 and Fellow of Hong Kong Academy of Medicine (Family Medicine) in 2011.

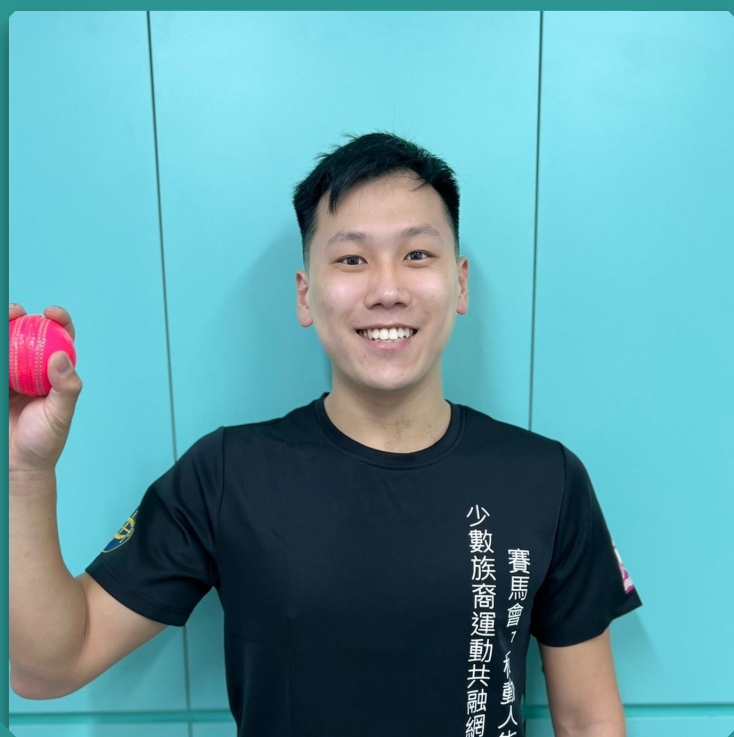
Dr. Chen now works as Consultant in the Dept. of FM and GOPCs in the HA. She is also the Honorary Clinical Associate Professor at Jockey Club School of Public Health and Primary Care, CUHK. Over the past years, Dr. Chen and her team had been striving to improve the chronic disease control among minority patients in HK and to enhance the minority health in the community.



Ms. Phyllis Cheung
Executive Director,
Hong Kong Unison

Ms. Phyllis Cheung

Phyllis Cheung is the Executive Director of Hong Kong Unison, a local NGO that upholds racial equality and the rights of ethnic minority residents in Hong Kong. Phyllis has extensive experience working with communities and civil society organisations in Hong Kong, South Asia, Southeast Asia and Africa. She brings with her skills of advocacy and community-based programming to Unison and leads Unison to campaign for racial equality and inclusive and equitable education for ethnic minority of Hong Kong. Her areas of expertise include training on cultural sensitivity, inclusion, equity and diversity, promotion of social justice, and youth empowerment.



Mr. Alvin Tsang, RSW
Senior Organizing Officer, Services
for Ethnic Minorities Unit, HKSKH
Lady MacLehose Centre

Mr. Alvin Tsang, RSW

Alvin Tsang is a registered social worker, also a rugby player and coach. He has been coaching children, youth and adults for more than five years since studying in university. He studied sports science before finishing his social worker degree.

He is responsible for organising and implementation of community and school multicultural sports programs, ethnic minority female health workshops and career planning for ethnic minority teenagers.



Mr. Tauqir Ahmad, RSW
Organizing Officer, Services for
Ethnic Minorities Unit, HKSKH Lady
MacLehose Centre

Mr. Tauqir Ahmad, RSW

Tauqir Ahmad has been living in Hong Kong for more than 20 years and is also a qualified social worker with 6 years of experience in providing high quality care and support to people who are socially excluded or experiencing difficulties in their lives.

He was mainly responsible for the cricket team's development, cultural exchange program, sport programs for schools and providing educational awareness to youth and their families.



Mr. Keith Wong, RSW
Executive Director,
Community Drug Advisory Council

Mr. Keith Wong, RSW

Keith Wong is the Executive Director of the Community Drug Advisory Council, a 37-year social service agency working for health-centred drug prevention with focuses on social determinants of health inequality. To bridge the gaps of ethnic minorities on drug abuse prevention, Keith leads CDAC to launch different service projects targeting the non-Chinese speaking communities, as well as organizing cultural sensitivity training programmes for practitioners from social service, medical and education sectors. To build up the agency's capacity in developing ethnic minority service, Keith and his team offered placement opportunities to ethnic minority youth and recruited their first non-Chinese colleague.

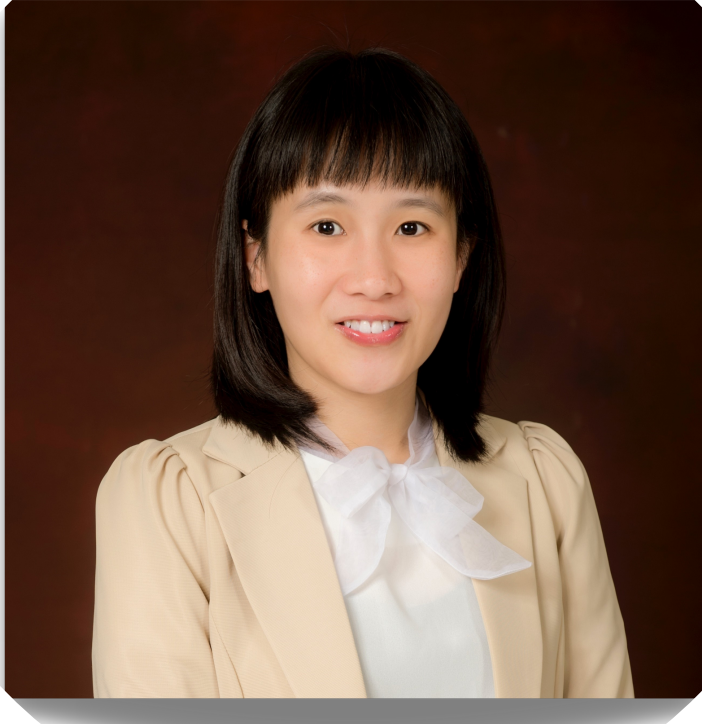


Mr. Jason Huang, RSW
Project In-Charge,
Community Drug Advisory Council

Mr. Jason Huang, RSW

Jason Huang is the Project In-Charge of the Community Drug Advisory Council. Jason's current project targets people from diversified ethnic backgrounds. Through a series of culturally sensitive anti-drug activities, Jason and his team have been engaging different ethnic minority groups and promoting a drug-free atmosphere among them.





Prof. Dorothy Chan
Assistant Professor,
*The Nethersole School of Nursing,
Faculty of Medicine, CUHK*

Prof. Dorothy Chan

Dr. Dorothy Chan is the assistant professor of the Nethersole School of Nursing, Faculty of Medicine, the Chinese University of Hong Kong. Dr. Chan's research interest focuses on cancer prevention and screening, model development, symptom management for cancer patients after surgery and other treatments. Dr. Chan has participated in several ethnic minority health-related projects to explore factors associated with their screening behaviours, and to develop health education materials for promoting cancer screening among ethnic minorities. Moreover, she has delivered a number of health talks to South Asian women and secondary school students to promote the importance and adoption of cancer prevention and screening.



Mr. Jeffrey Andrews, RSW
Manager, *Christian Action*

Mr. Jeffrey Andrews, RSW

An Indian by descent, Hong Kong-born and raised Jeffrey Andrews is one of the first ethnic minority registered social workers in Hong Kong. Committed to helping refugees and minority rights, in 2014 he travelled to the United Nations in Geneva to speak about the issues of segregated schools. He has been featured in numerous documentaries, news articles, TV programmes. He has received The Secretary for Home Affairs' Commendation awarded in recognition of his dedicated service and outstanding contributions to the enhancement of racial harmony and integration to Hong Kong. Recently been selected as 2019 JCI Top Outstanding young persons HK and also 2019 Cathay Pacific's Change Makers award and his beloved football team Manchester United recognized him as one of 7 Global heroes. He has been with Christian Action's Centre for refugees for 12 years as a social worker and now manager.



Dr. Rizwan Ullah, M.H.
Vice Principal,
Law Ting Pong Secondary School

Dr. Rizwan Ullah, M.H.

Dr. Rizwan Ullah was born and raised in Hong Kong. He was schooled through the local education system and completed his PhD from the University of Hong Kong. Rizwan has over 15 years of experience in teaching and addressing the education needs of Non-ethnic Chinese (NEC) in Hong Kong and he works as a Vice Principal in a secondary school. He serves various high-level government advisory boards and commissions such as Equal Opportunities Commission and Youth Development Commission. Recently, he was awarded a Medal of Honor for his contribution towards Youth Development Work in Hong Kong.



Ms. Laila Kainat

Case Manager, *Health In Action*

Ms. Laila Kainat

Laila Kainat is currently studying Bachelor of Science in Biological Science and working at HIA as a case manager. As a case manager, she does consultation in a culturally sensitive way to bring a behavioural change leading to healthy lifestyle and well-being. She is aspired to empower people to know their health rights and ask about the concerns in a right way to the right person.



Mr. Shoaib Hussain, RSW

Program Officer, *Diocesan Pastoral Centre for Workers - Kowloon (Ethnic Minority Services)*,
Catholic Diocese of Hong Kong

Mr. Shoaib Hussain, RSW

Born in Pakistan and moved to Hong Kong in 2005. As a member of and working with ethnic minorities for four years, Shoaib developed the passion to continue to work in social services to support fellow ethnic minorities to overcome challenges encountered on a daily basis. He obtained a Master of Social Work from The University of Hong Kong and registered as a Social Worker in September 2019. He is currently working at Catholic Diocese of Hong Kong Diocesan Pastoral Center for Workers - Kowloon, which renders employment support service, labour rights and work injury support, promote and connect ethnic minority residents to have equal access to public services. Shoaib has almost nine years of experience serving fellow ethnic minorities.



Ms. Maria Riaz

Community Health Officer, *Sham Shui Po District Health Centre*

Ms. Maria Riaz

Riaz Maria is currently working as a full-time Community Health Officer in Sham Shui Po District Health Centre. She graduated with a degree in Health & Social Services Management from Lingnan University. Maria is passionate about raising health awareness within the ethnic minority community. She aspires to increase ethnic minority representation in the field of Health & Social Services. She has done community work with multiple ethnic minority-led organisations to educate ethnic minorities about health and well-being. She hopes to work towards eradicating inequalities caused by language barriers in the society.



Mr. Corn Sim

Assistant Service Supervisor in N.T.
West Integrated Service,
The Salvation Army

Mr. Corn Sim

Corn Sim has worked in The Salvation Army since 2002. He has over 18 years' experience in youth work. He is currently the Assistant Service Supervisor in N.T. West Integrated Service and is experienced in overseeing ICYSCs service, youth service projects and people development on service innovation. Corn was the 1st cohort fellow of InnoPower@JC in 2017. He has initiated a project InnoPower@JC: Hi! Strangers to promote ethnic diversity in HK and find an outlet for the great potential of local ethnic minority youths.



Mr. Lo Kai Chung, RSW

Assistant Lecturer (Practice Consultant),
*Department of Social Work and
Social Administration, HKU*

Mr. Lo Kai Chung, RSW

Lo Kai Chung is a registered social worker in Hong Kong. Before joining HKU, Chung gained frontline, supervisory and social work teaching experiences in NGOs and institutes for over 15 years. As a HKU practice consultant at present, he is mainly responsible for supervising BSW and MSW placement students under multicultural social work and community development settings.

He was a front-line practitioner and service manager in NGOs for over 12 years, mainly serving ethnic minorities and people with disabilities in Hong Kong. He is member of advisory boards in different research projects regarding employment of ethnic minority women, learning and teaching mathematics for Non-Chinese students and development of social workers with diverse ethnic backgrounds, etc. His research interests lie in the area of multicultural social work, social work with fathers, children with special needs, social work field education, etc. He has published articles and book chapters in Hong Kong, Mainland China and International social work journals.



Mr. Bosco Ng

Director, *WEDO GLOBAL*

Mr. Bosco Ng

Bosco is the Founder and Director of WEDO GLOBAL, an award-winning social enterprise that aims to advocate multicultural education by bridging the cultural gaps, reduce negative perceptions and racial discrimination in order to achieve social inclusion. He has extensive experience designing and conducting training programmes over a decade for a wide range of professions and sectors across Asia. Training topics cover social innovation and entrepreneurship, diversity and inclusion, cultural intelligence and design thinking.

He was appointed by the Equal Opportunities Commission (EOC) to be the Advisory Committee Member on Racial Equality and Integration to work towards the elimination of racial barriers in Hong Kong. In addition, he was appointed by the Employees Retraining Board (ERB) to be the Course Development and Vetting Committee Member to formulate and regularly review the direction and strategy for developing training courses for nearly 30 industries in Hong Kong.

His other community commitments include serving as a Youth Service Advisory Committee Member for the Hong Kong Federation of Youth Groups (HKFYG) and an Honorary Advisor for the Hong Kong Union for Young Leaders to provide strategic direction and guidance to nurture the future leaders of the society. Due to his commitment and dedication to serving the Hong Kong society, he was awarded the Hong Kong Youth Service Award and the Youth Dream Maker Award.



Ms. Phoebe Corrigan

Program Director, *Resolve Foundation*

Ms. Phoebe Corrigan

As Program Director at Resolve, Phoebe works to empower the next generation of community leaders to bring about inclusive social change in Hong Kong by overseeing all aspects of Resolve's programs from ideation to implementation and evaluation. Before joining Resolve, Phoebe worked at Save the Children and United Nations High Commissioner for Refugees (UNHCR) in London. Phoebe received a Master's in European Studies from University College London (UCL) and a Bachelor of Arts from The Hague University. During her free time she enjoys exploring new places and cultures through travel, food and books.

About us:



Health In Action

Health In Action was established in 2011 and is a registered non-governmental organization in Hong Kong. Our vision is to eliminate health inequity in societies and we firmly believe that health is a fundamental human right for all, irrespective of race, religion, gender or political affiliation. We aspire to drive positive social change through cycles of service, research, and advocacy. Our current target beneficiaries include local working poor families, ethnic minorities, and refugees. Health In Action is a member of the Hong Kong Council of Social Service and is in Special Consultative Status with the Economic and Social Council.

We are committed to promote social justice through the lens of health equity. Health is a fundamental human right for all, including physical, mental, and social wellbeing. The right to health encompasses not only healthcare services, but also the conditions in which we are born, grow up, work, live, and age, namely the social determinants of health.

Through working with Hong Kong's most vulnerable groups, we exemplify and underline the importance of addressing the social determinants of health in order to enable each individual to achieve health ownership. Currently, our target groups face multiple barriers in achieving health ownership. We sincerely invite individuals and organizations interested in promoting social justice and health to get in touch, to exchange ideas and to work together towards health for all, leaving no one behind.

The Chinese University of Hong Kong Institute of Health Equity

CUHK Institute of Health Equity was established in 2020 with the vision of being a leading institution in promoting health equity studies in the Asian region. It aims to promote research in health equity in Hong Kong and Asia, investigate if disparities exist in different communities and analyse them and the contributing societal factors. In collaboration with the University College London (UCL) Institute of Health Equity, CUHK Institute of Health Equity will examine issues of health equity in Hong Kong so as to inform government policies and intervention programmes to improve the health equity of Hong Kong. Prof. Sir Michael MARMOT from UCL, Prof. E. K. YEOH and Prof. Jean WOO from CUHK are Co-Directors of the Institute. Ongoing research projects aim to examine the health inequity situation in COVID-19 in Hong Kong, and factors contributing to the long life expectancy and health disparities in Hong Kong. In November 2021, the institute published the first Health Equity Report and announced the latest findings on health equity in Hong Kong.

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